

Parents guide for getting the most out of your child's training

The essentials

- ⊗ Please make sure your child has the right kit for the session as well as a drink.
- ⊗ Ensure your child arrives to sessions on time and is picked up promptly. If you're running late or if your child is going home with someone else, please advise your instructor.
- ⊗ Ensure your child has well fitted protective sparring equipment.
- ⊗ Maintain a good relationship with your child's Instructor and helpers. Feel free to ask them questions about your child's training and development.
- ⊗ Talk to us if you have any concerns about any areas of your child's training.

Behaviour

- ⊗ Educate yourself on martial arts and discuss your child's training with them.
- ⊗ Take the time to talk to your child about what you both want to achieve through Genesis.
- ⊗ Remember that children benefit in many ways from training, such as making friends, getting exercise and developing skills. It's not all about getting belts, wins and losses.
- ⊗ Encourage your children in their training and help them adopt a resilient attitude.
- ⊗ Behave positively on the side-lines – Provide encouragement, say "Well done" and let your children know you're proud of what they're doing. Please be careful not to disrupt the class.
- ⊗ Be mindful that the way you react and behave impacts not just your child but other children too.
- ⊗ Martial Arts is about discipline, consistency and respect. Please aid our instructors in reinforcing our aims.
- ⊗ Lead by example when it comes to positive behaviour on the side-lines; or let other parents take their cues from you, as well as from us
- ⊗ Accept the official's judgment and do not enter a class while it is in progress
- ⊗ Use social media responsibly. Please do not post pictures containing children other than your own.
- ⊗ We welcome parents watching with other siblings, but please ensure that they do not distract the class.
- ⊗ Encourage your child to be respectful and only practice martial arts during classes.
- ⊗ Encourage your child to play by the rules.
- ⊗ Ensure that your child understands their code of conduct



As a parent, we understand you have the right to:

- ☞ Be assured that your child is safeguarded during their time with us.
- ☞ See any of our policies and procedures at any time.
- ☞ Know who the safeguarding officers responsible for your child are and have their contact details
- ☞ Know what training and qualifications our staff have
- ☞ Be informed of problems or concerns relating to your child
- ☞ Know what happens if there's an accident or injury, be informed if your child is injured and see records of any accidents.
- ☞ Have your consent sought for anything outside of our initial consent form, such as permission to go on trips or photography.
- ☞ Have any concerns about any aspect of your child's welfare listened to and responded to. We expect all parents to follow the behaviours and requests set out in this code. If any parent behaves in a way which contradicts any of the points set out above, we'll address the problem straight away with the parent and aim to resolve the issue. Persistent concerns or breaches may result in parents being asked not to attend activities if their attendance is considered a risk to the welfare and enjoyment of young participants. Continued issues and repeated breaches of this code may result in us regrettably asking your child to leave the activity, event or club permanently, something we never want to do

Name
Signature of parent:
Date:

